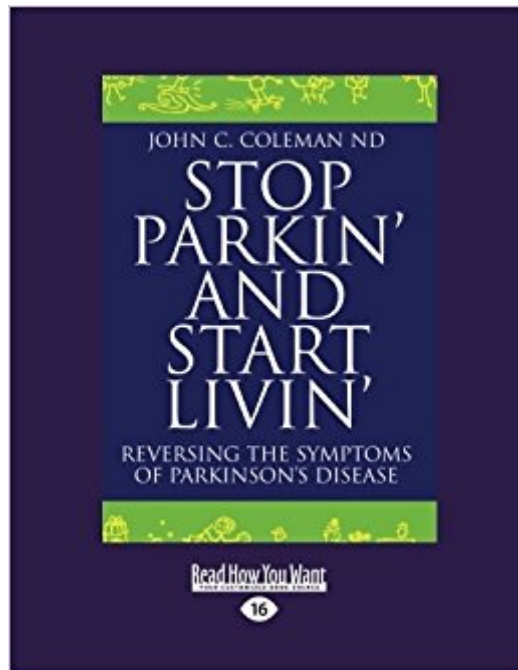




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# Stop Parkin' And Start Livin'





## Synopsis

Stop Parkin and Start Livin: Reversing the Symptoms of Parkinsons Disease is an invaluable resource for those diagnosed with Parkinson's Disease. It provides a plan of action and significant information which the reader can use to return to good health, and as an adjunct to working with supportive therapists.

## Book Information

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Average Customer Review: 5.0 out of 5 stars 4 customer reviews

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## Customer Reviews

John Coleman left school at sixteen to work at a copper mine, spent many years in the music industry in various sales and marketing positions and then nine years as an operating theatre technician. He completed his Naturopathic studies in 1998 at the Australian College of Natural Medicine in Melbourne. John was co-founder of Very Special Kids and founder of the neuro recovery foundation. He now travels around Australia and overseas lecturing and conducting workshops for various health organizations.

Great book of resources. A must read!

Great book. Offers a lot of wonderful information on dealing with Parkinsons .

Good resource for anyone who has Parkinson's disease.



excellent

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Stop Parkin' and Start Livin' Stop Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) Livin' the Drone Life: An Insider's Guide to Flying Drones for Fun and Profit Easy Livin' Microwave Cooking: A microwave instructor shares tips, secrets, & 200 easiest recipes for fast and delicious microwave meals George Stella's Livin' Low Carb: Family Recipes Stella Style Jessie: Livin' the Life (Jessie Junior Novel Book 1) Guy Fieri Food: Cookin' It, Livin' It, Lovin' It Livin' in High Cotton: A Historical Clean Romance Novel Ridin' High, Livin' Free: Hell-Raising Motorcycle Stories Livin' It Testimonies Quit Smoking Now and Forever: Methods to Quit Smoking And Live A Healthier Life (Quit Smoking, Stop Smoking Forever, Stop Smoking Addiction, Quit Smoking ... Methods to Quit Smoking, Healthier Life) How To Stop Hair Loss Naturally: Learn various ways to stop your hair loss and regrow your hair without the use of expensive and harmful drugs I Need to Stop Drinking!: How to Stop Drinking and Get Your Self-Respect Back Gambling: Just Stop Pressing The Button: The Truth Behind our Gambling Addiction - What Most People Do Not Understand And How You Stop Gambling Away Your Life The Emotionally Abusive Relationship: How to Stop Being Abused and How to Stop Abusing How To Stop Enabling Your Adult Children: Practical steps to use boundaries and get your power back as you stop enabling (Empowering Change Book 1) Quit Smoking: Naturally: How To Break Free From Nicotine Addiction For Life Without Side Effects (Stop The Smoking Habit Permanently, The Easy Way, No ... Smoking Hypnosis, Stop Smoking Now, Cancer) Quit Smoking Today!: The Most Painless Ways To Permanently Stop Smoking (Smoking, Quit Smoking, Stop Smoking, Addiction) What's Your Excuse? Proven Step-by-Step Guide on How to Finally Quit Smoking!: Quit Smoking tips, Stop Smoking timeline, How to Quit Smoking easy, How to Stop Smoking for life Can't Stop Won't Stop: A History of the Hip-Hop Generation

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